



WTC Training Registration Form 2024-25

Name: _____ Phone: _____

Address: _____ City/Town: _____

Postal code : _____ Triathlon Ontario # _____

Medical information: Are there any existing medical conditions that may affect your participation in this training? Eg: asthma, heart condition, allergy....please explain.

Indoor cycle: Register by **Circling your choice below and filling in the chart on the next page.**
Send both pages to Dave, 432 Fairway Rd, Woodstock N4T 0E1 or email to woodstocktriathlonclub@gmail.com.

Full season- includes online video sessions [18 @ Unifor + 4 virtual sessions] [\$210.00]
Half Time [Ride 11 times max including virtual sessions as above] [\$110.00]
Drop in: \$20.00 per session

WTC membership = \$20 for indoor cycle only- if currently not a member or \$35 thru to Dec 2025.

Register for the one of following; **Circle your choice & complete the chart. Send both to Dave .**

Full season Swim Training [\$160.00] [32 sessions]
Half season Swim Training [swim 16 times max] [\$85.00]
Drop in when you can [\$8.00 per session]

Non-club members must join our club prior to registration. We ask all participants to join Triathlon Ontario for insurance purposes.

Combined Swim/bike registration: Sign up for both full time indoor cycle and lane swim;
Full time: Cost \$350

Payment Plan option: We will accept post-dated cheques [only] in an amount you can comfortably afford as long as you are paid in full by the end of March 2025. See Bill to set this up. [billthompson@rogers.com]

WTC membership is \$35 annually [if paid now it runs to Dec 31, 2025] or \$20 for indoor cycle only. Tri Ont. usually has a sale on memberships for the rest of this year [until March 2025] but you'd have to renew in 2025. **I will send a new link to join Triathlon Ontario for 2025 in January.**

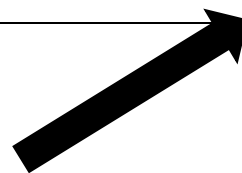
Please send cheques, payable to *Woodstock Triathlon Club*. Mail to 54 Blackfoot Place, Woodstock, N4T 1E6. We accept e-transfers too. All forms send to Dave 432 Fairway Rd., Wdstk N4T0E1.

Accounting sheet

This sheet is for you to work out the total cost of the training in which you choose to participate. If you are simply going to drop in when you can the only thing you need to do is make sure your memberships are up to date. Send the receipt for Triathlon Ontario our email [woodstocktriathlonclub@gmail.com].

Sport	Full time	Part time	Cost <small>Fill in the cost of your choice(s)</small>
Indoor cycle	\$210	\$110	
Lane swim	\$160	\$85	
Both sports	\$350	n/a	
WTC membership <small>Only if you are not already a member!</small>	\$35 <small>for membership until Dec 2025.</small>	\$20 <small>covers indoor cycle only.</small>	
Total			

Please send this amount [if paying in full]



E-transfer to woodstocktriathlonclub@gmail.com . Send the password in a separate email.

Send cheques to WTC, 54 Blackfoot Place, Woodstock, N4T 1E6.
Send all forms to WTC, 432 Fairway Rd. Woodstock, N4T 0E1

Negotiate payment plan with Bill billthompson@rogers.com but recognize we are only accepting post-dated cheques for this option.